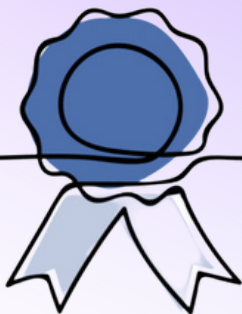


# Equality, Diversity & Inclusion Events Calendar 2023



We are  
**compassionate**  
and **inclusive**



We are **recognised**  
and **rewarded**



We each have  
**a voice that**  
**counts**



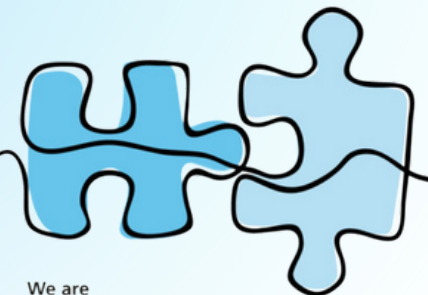
We are  
**safe** and  
**healthy**



We are  
**always**  
**learning**



We work  
**flexibly**



We are  
**a team**

# **Introduction**

This calendar provides key dates of religious holidays and celebrations, awareness raising days and other events which reflect our diverse local population.

It has been created as a resource for our staff to keep them informed of these key dates and encourage understanding and awareness of dates and events that may be important to our staff and patients.

Where you can see that a special day has been underlined in this calendar, this will then open a hyperlink should you wish to learn more about this event.

## **Ways that this calendar can be used:**

- To promote equality, diversity and inclusion
- To support our diverse local population of staff and patients by respecting and celebrating diverse beliefs, faiths and cultures
- During scheduling of appointments and home visits for patients and staff meetings - consider if events clash with any major religious festivals
- To engage in events, activities, celebrations and campaigns locally

**Enquiries can be directed to [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)**

# January

MON

TUE

WED

THU

FRI

SAT

SUN

2

3

4

5

6

7

1

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31



Islam



Buddhism



Christianity



Hinduism



Judaism



Sikhism

## Special Days

- 1st New Years Day / Hogmanay
- 2nd Bank holiday
- 4th World Braille Day
- 6th **Epiphany**
- 8th Baptism of Lord Jesus
- 13th Lohri / Maghi
- 14th Makar Sankranti
- 15th World Religion Day
- 16th Martin Luther King Jr. Day
- 22nd Chinese New Year
- 24th International Day of Education
- 26th Vasant Panchmi
- 27th Holocaust Memorial Day
- 31st Birthday of Guru Har Rai

**January is Cervical Cancer Awareness Month, Dry January, Thyroid Awareness Month**



# February

MON TUE WED THU FRI SAT SUN

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

## Special Days

- 1st World Hijab Day
- 2nd Time to Talk Day
- 3rd Birthday of Guru Har Rai Sahib Ji
- 4th World Cancer Day
- 5th Thaipusam
- 6th Tu BiShavat  
Race Equality Week begins
- 11th International Day of Women and Girls in Science
- 14th Valentines Day
- 15th Nirvana Day  
International Childhood Cancer Day
- 18th Maha Shivratri
- 20th World Day of Social Justice
- 21st Shrove Tuesday  
Ramakrishna Jayanti
- 22nd Ash Wednesday
- 24th International stand up to bullying day

February is LGBT History Month & Women's History Month







International  
TRANSGENDER  
DAY OF VISIBILITY

# March

MON

TUE

WED

THU

FRI

SAT

SUN

1



2

3

4

5

6



7



8



9

10

11

12

13

14



15

16

17



18



19

20

21

22



23



24

25

26

27

28

29

30



31

## Special Days

- 1st Saint David's Day  
3rd World Hearing Day  
6th Holika Dahan  
7th Purim begins  
Lailat al Bara'ah  
8th International Women's Day  
Dhulati  
Hola Mohalla  
14th Nanakshahi (New Year)  
17th St Patrick's Day  
18th Papmochini Ekadashi  
19th Mothering Sunday  
21st World Down Syndrome Day  
22nd Ramayana begins  
23rd Ramadan begins  
30th World Bipolar Day  
Ram Navami  
31st International Transgender  
Day of Visibility

**March is UK Marie Curie  
Cancer Care Great Daffodil  
Appeal Month**



Islam



Buddhism



Christianity



Hinduism



Judaism



Sikhism

# April

MON

TUE

WED

THU

FRI

SAT

SUN

3

4

5

6

7

1

2

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30



Islam



Buddhism



Christianity



Hinduism



Judaism



Sikhism

## Special Days

1st April Fools Day

2nd Palm Sunday

6th Hanuman Jayanti  
Passover

7th Good Friday  
World Health Day

8th Holy Saturday  
International Romani Day

9th Easter Sunday

10th Easter Monday

12th Birthday of Guru Arjan Dev Ji

13th Songkran (Thai New Year)

14th Vaisakhi

18th Lailat al-Qadr  
Yom HaShoah

21st Eid al Fitr  
Birthday of Guru Angad Dev ji

22nd Stephen Lawrence Day  
Akshaya Tritiya

23rd St George's Day








26th Lesbian Visibility Week

**April is Autism Awareness Month**



May

MON TUE WED THU FRI SAT SUN

1	2	3	4 	5 	6	7
8	9	10	11	12	13	14
15	16	17	18 	19 	20	21
22	23 	24	25	26 	27	28 
29	30	31				



## Special Days

- 4th Birthday of Guru Amar Das Ji
- 5th International Midwives Day  
Vesak/Visakha Puja
- 8th Start of Mental Health Awareness Week
- 10th Staff Networks Day
- 12th International Nurses Day
- 15th International Day of Families
- 17th International Day Against Homophobia, Transphobia and Biphobia
- 18th Yom Yerushalayim  
Ascension Day  
Global Accessibility Awareness Day
- 23rd Martyrdom Guru Arjan Dev Ji
- 26th Shavuot
- 28th Pentecost

May is Mental Health Awareness Month, Action on Stroke Month and Hepatitis Awareness Month

# June

MON TUE WED THU FRI SAT SUN

1

2

3

4

5



6

7

8

9

10

11

12

13

14

15

16

17

18

19

20



21

22

23

24

25

26



27



28

29



30



Islam



Buddhism



Christianity



Hinduism



Judaism



Sikhism

## Special Days

1st Volunteers Week begins

5th Carer's Week begins

Birthday of Guru Hargobind Sahib Ji

10th Global Wellness Day

11th Race Unity Day

12th Men's Health Week begins.

14th World Blood Donor Day

15th World Elder Abuse Awareness Day

18th Autistic Pride Day

Father's Day

20th Ashadhi Bij Rathyatra

22nd Windrush Day

23rd International Women in Engineering Day

26th Hajj

27th Waqf al Arafa

29th Eid al Adha






June is LGBTQ+ Pride Month,

Motor Neurone Disease

Awareness Month & Gypsy, Roma and Traveller History Month



# July

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3 	4	5	6	7	8	9
10	11 	12	13	14	15	16
17	18 	19	20	21	22	23
24	25	26	27 	28 	29	30
31						




## Special Days

- 3rd Asalha Puja (Dharma Day)  
Guru Purnima
- 4th US Independence Day
- 11th Birthday of Guru Har  
Krishan Sahib Ji
- 14th International Non-Binary  
People's Day
- 17th World Day for International  
Justice
- 18th Nelson Mandela Day  
South Asian Heritage  
Month begins  
Adhik Mas starts
- 27th Tish'a B'av
- 28th World Hepatitis Day  
Ashura
- 30th International Day of  
Friendship

**July is the start of South  
Asian Heritage Month**

# August

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16 	17	18	19	20
21	22	23	24	25	26	27
28	29	30 	31			

## Special Days

- 9th International Day of the World's Indigenous Peoples
- 12th International Youth Day
- 16th Adhik Mas End
- 19th World Humanitarian Day
- 22nd International Day Commemorating the Victims of Acts of Violence based on Religion or Belief.
- 23rd International Day for the Remembrance of the Slave Trade and its Abolition
- 29th Summer Bank Holiday
- 30th Raksha Bandhan

**August is Health & Safety Month, Psoriasis Awareness Month and Children's Eye Health & Safety Month**





# September

MON TUE WED THU FRI SAT SUN

1 2 3

4

5

6



7



8

9

10

11

12

13

14

15



16



17

18

19



20

21

22

23

24

25



26



27

28



29

30



Islam



Buddhism



Christianity



Hinduism



Judaism



Sikhism

## Special Days

- 5th International Day of Charity
- 6th Colour Blind Awareness Day  
Krishna Janmashtami
- 7th Janmashtami Utsav
- 10th World Suicide Prevention Day
- 15th Rosh Hashanah
- 16th First Prakash Guru Granth  
Sahib Ji
- 17th World Patient Safety Day
- 18th International Equal Pay Day
- 19th Ganesh Chaturthi
- 21st World Alzheimer's Day
- 23rd International Day of Sign  
Languages  
Bi visibility day
- 24th World Deaf Day
- 25th Yom Kippur
- 26th Mawlid al-Nabi
- 28th Anant Chaturdashi
- 30th Sukkot begins

September is World Alzheimer's  
Month, World Dementia Awareness  
Month & Sickle Cell Awareness Month












# October



MON TUE WED THU FRI SAT SUN

						1
2	3	4	5	6 	7 	8
9	10	11	12	13	14	15 
16	17	18 	19	20	21	22
23 	24 	25	26	27	28	29 
30	31					

## Special Days






- 1st International Day of Older Persons
- 2nd International Day of Non-violence
- 3rd Dyslexia Awareness Week
- 6th World Cerebral Palsy Day  
Shemini Atzeret
- 7th Simchat Torah
- 10th World Homeless Day  
World Mental Health Day
- 12th World Sight Day
- 15th Navaratri Starts
- 18th Saint Luke's Day  
World Menopause Day
- 19th International Pronouns Day
- 23rd Navaratri Ends
- 24th Vijayadashami / Dussehra
- 26th Intersex Awareness Day
- 29th World Stroke Day
- 31st Halloween

 Islam  Buddhism  Christianity  Hinduism  Judaism  Sikhism

October is Black History Month  
& Freedom to Speak Up Month



# November

MON	TUE	WED	THU	FRI	SAT	SUN
		1 	2 	3	4	5
6	7	8	9	10	11	12 
13	14 	15	16	17	18	19
20	21	22	23	24	25	26
27 	28	29	30 			

## Special Days

- 1st All Saints Day
- 2nd All Souls Day
- 8th Intersex Day of Solidarity
- 12th Remembrance Sunday
- Diwali
- Bandi Chhor Divas**
- 14th Hindu New Year
- World Diabetes Day
- 20th Transgender Day of Remembrance
- 22nd Start of Disability History Month
- 23rd US Thanksgiving
- 25th International Day for the Elimination of Violence against Women
- 27th Jain New Year
- Birthday of Guru Nanak Sahib Ji**
- 30th St Andrew's Day

# December

MON

TUE

WED

THU

FRI

SAT

SUN

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31



Islam



Buddhism



Christianity



Hinduism



Judaism



Sikhism

## Special Days

- 1st World AIDS Day
- 2nd International Day for the Abolition of Slavery
- 3rd International Day of Persons with Disabilities
- 5th International Volunteer Day
- 7th Hannukah begins
- 8th Rohatsu (Bodhi Day)
- 9th Save The Children Christmas Jumper Day
- 10th Human Rights Day
- 18th International Migrants Day
- 23rd Martydom of the elder Sahibzade Gita Jayanti
- 24th Christmas Eve
- 25th Christmas Day
- 26th Boxing Day
- Kwanzaa begins
- Martydom of the younger Sahibzade
- 31st New Years Eve

**December is AIDS Awareness Month and Decembeard**